

Recovery from Mormonism & Conservative Christianity

It's time we grow up as a species and stand on our own two feet. Any being, no matter how advanced, can be corrupt and evil. Do not allow the tenants of conservative religiosity to keep your brain & soul (your core being as a 15 billion year evolved animal) in chains.

Why reject a hostile god? Can't a god make up his own morals?

Should we act toward a god the same way an 8 year old child would act toward an abusive parent? The gods people make up for themselves tend to be reflections either of how they treat others or of how they have been treated. Abuse has been set into stone via such documents as the Bible & the Book of Mormon. Perhaps there is some value in academically evaluating these documents as solely the works of humans. But unfortunately some people believe every word & every mystical claim. Some people allow themselves to be sucked into self-deception, and into worship and adoration of hostile despotic aliens who they want to exist.

There are costs to self deception

•Rejecting facts so as to hold onto lies

Hard line Mormons & Biblical literalists both reject facts. They both reject science to varying degrees. DNA & evolution are facts, not fiction, but both of these key scientific elements show that Mormonism & Biblical literalism are cultures based on lies.

• Child abuse / human abuse, and a hatred for what it is to be human.

Conservative religionists of all types tend to have a deep hatred for human sexuality. For example, in Mormonism children of 11 and 12 years of age are forced to attend private meetings with their Mormon Bishops. In these meetings the children are interrogated, grilled, and coerced into confessing so-called "sexual sins." Such actions by Mormon leaders (& similar acts by other conservative religionists) is nothing short of highly corrosive child abuse.

• Forsaking freedom and democracy

We cannot have freedom without democracy, and we cannot have democracy or science without freedom of speech. These are basic facts. And yet in Mormonism & other mind controlling cultures the members are not free to speak.

If you make any attempt to speak the truth in Mormonism, or to help others break away from the omnipresent & pervasive lies, you will be summarily excommunicated (kicked out). How many other churches excommunicate people for speaking their mind? Not many. Only those churches or groups which are very much afraid of the truth act in such a manner.

• Utah, the theocratic state

Groups which do not embrace freedom & democracy within their structures are bound to be evil, abusive, and dysfunctional. Utah is largely a theocratic state. Why? Because Mormonism so fully & completely rejects democracy & freedom within it's structure, and this tyranny is carried over into the politics of Utah.

Where Mormons are in the majority, tyranny reigns. And while there are a few liberal Mormons it's true, they are sadly not in control of their Church. They are afraid to speak fully for fear of being excommunicated.

Start your recovery today

Recovery from years of entrenched self-deception and submission to abusive conservative coercive religion can be difficult. Your best bet is to find others who are also on the path to recovery.

Here is a list of Internet resources which can help you:

Non-religious recovery from Mormonism:
<http://www.exmormon.org>

Recovery from Christian fundamentalism:
<http://atheism.about.com/msubxrecov.htm>

The evils of being shamed for being human:
<http://listen.to/yourbrain>
<http://www.affirmation.org/tragedy.htm>

Evolution, science, DNA, and the Book of Mormon:
<http://www.talkorigins.org>
<http://latterdaylampoon.com/gazelem/dnabom/>

Bible atrocities & the x-rated bible:
http://infidels.org/library/modern/donald_morgan
<http://2think.org/xbible.shtml>

Recovery from circumcision: norm.org & nocirc.org

Utah theocracy:
<http://saltlakevalleyatheists.org/atheists/olympics.html>
<http://www.deserettribune.com>
<http://www.slcgetalife.com>

Liberal resources in Salt Lake:
Tower Theater & Brewvies - independent theaters
Utah atheists: www.saltlakevalleyatheists.org
Liberal religionists: There are two Unitarian Universalist congregations, and a few Anglican groups, but for some even liberal religion is too much religion.

Newspapers: [City Weekly](#) & [the Salt Lake Tribune](#)

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[Note: Mormons are also known as members of the LDS Church.]

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